



Do you know what medication to bring when you move in?

**Student Health Services recommends the
following items to have on hand, at the
start of the school year:**

- Ibuprofen
- Tylenol
- Motrin
- Cough Syrup
- Tums Antacid
- Cough Drops
- Chloraseptic Throat Spray
- Pepto Bismal
- Allergy Medication
- Shower Shoes
- Sleep Mask
- Ear Plugs
- Copies of Health Documents
- Sunscreen and Sunglasses
- Bug Repellant
- Disinfecting wipes
- One faithful Water Bottle
- Thermometer
- First Aid Kit
- Neosporin
- Antifungal cream/powder
- Hydrogen Peroxide
- Feminine Hygiene Products
- Tissue (Kleenex)
- Hand Sanitizer
- Instant Ice Packs
- Eye Drops
- Tiger Balm patches