## **Immunizations:**

Other than vaccinations required by certain Eastern programs, such as Nursing, Family and Consumer Sciences, OT, etc., the University does not require documentation of any vaccinations for entering, returning, or transfer students. However, EKU Student Health and the American College Health Association strongly recommend the following: updated tetanus / diphtheria / pertussis (Tdap), measles / mumps / rubella (MMR), Meningococcal Meningitis, Hepatitis B, varicella, and the annual flu vaccines. These vaccines provide protection against their specific vaccine preventable diseases, which can spread very quickly through a crowded and susceptible campus community. Please check with your primary care provider or your health department for availability of these vaccines; most health insurance plans cover the cost of these routine immunizations. Bring payment verification receipt from Student Accounts.

Meningococcal Meningitis Vaccine: currently provides protection against four of the five most common strains of the meningococcal bacteria which causes disease in humans; the protection develops by the  $10^{th}$  day following injection, and lasts for five (5) years following a single injection. All University students living in Residence Halls (dormitories) should be vaccinated, especially freshmen. We no longer carry the Meningitis vaccine because of a lack of demand for it from us; Pediatric and Family Medicine offices now carry this vaccine and offer it as part of the routine childhood immunization series. It is covered by most Health Insurance Plans.

Tetanus Vaccine (Td): is recommended for everyone, and especially for those whose work, educational, recreational, social, or athletic activities place them at high risk for tetanus (lock jaw). The vaccine is given as a primary series of three injections, followed by a booster every 10 years (booster within last 5 years is recommended for "dirty" wounds sustained on river banks, fields, or on farms). We offer tetanus vaccines at cost at SHS.

See Vaccination Reservation & Prepayment Form

Pertussis Vaccine (Tdap): recommended for all adults to boost immunity against Whooping Cough, it is now required of all students in Health Sciences programs and Family and Consumer Sciences. A single injection is needed; it is offered at cost at SHS.

See Vaccination Reservation & Prepayment Form.

Measles, Mumps, Rubella Vaccine (MMR): generally required of all students in Health Sciences programs, unless a) proof of immunity (via blood tests – titers) can be provided, or b) your doctor can provide documentation of a history of these diseases. MMR is given as one or a series of two injections, 28 days apart. TB skin testing must wait 4 weeks after MMR; therefore, if needed, TB skin test should be performed first. MMR is offered at SHS at cost. See Vaccination Reservation & Prepayment Form

Hepatitis B Vaccine: is recommended for all University students living in Residence Halls (dormitories) and is required of all Health Sciences Program students – Nursing, OT, EMT, Athletic Training, unless you can provide proof of immunity via blood test (antibody titer). It is given as a series of three injections over a six month period, and is available at cost at SHS. See Vaccination Reservation & Prepayment Form

Varicella Vaccine: is required of all students in Health Sciences and Family & Consumer Sciences, unless you can a) provide proof of immunity via blood test (antibody titer) or b) have your doctor provide written documentation of history of disease. It is a series of two shots, 28 days apart. TB skin testing must wait 4 weeks following Varicella Vaccine; therefore, if needed, TB skin test should be done first. The Varicella Vaccine is available at SHS at cost.

See Vaccine Reservation and Prepayment Form

Flu Vaccine: recommended annually for all students, faculty, and staff, unless you have a medical reason for not taking the vaccine, such as an allergy to eggs or to any component of the vaccine, or history of an adverse reaction to a previous flu vaccine. It is available around mid to end of October, every year. Due to the lack of a reliable supply of the Flu vaccine, it is no longer offered at the SHS. It <u>is</u> offered through the Little Clinic at Kroger, the Walgreens Pharmacy in Lexington, and through the Fayette and Madison Co. Health Departments.

FOR ALL VACCINES: Please visit the Forms section of our SHS website and pull up the "Vaccine Reservation and Prepayment Form". You may complete it on line, print it out, sign it, and bring it with you, along with payment, to Student Accounts SSB 2 or to Student Health Services, Rowlett 103. At SHS, we can only accept payment via Credit Card; Student Accounts can accept cash, checks etc., in addition to Credit Cards. Bring payment verification (receipt from Student Accounts with you.

Also, on our website, please access the *Vaccine Information Sheet (VIS)* for each of the vaccines you wish to receive, read each sheet carefully, print it out if you have any questions and bring it with you to SHS when you come in for the immunization(s). You will be asked to sign a form acknowledging that you were given all the information needed to give proper consent and that all of your questions were answered to your satisfaction before being given the vaccine. Reading the material beforehand will expedite your visit and give you a chance to ponder the material and ask appropriate questions.

**No appointment** is needed for vaccinations. It is a "nurse visit". You may have to wait a bit if the clinic is very busy when you walk in for your shot(s). Vaccinations are given from **8:30 am to 11:30 am** and from **1:00 pm to 4:00 pm, Monday through Friday**.

To reduce the chances of fainting with injections, please be sure to eat a <u>light meal</u> before coming to SHS for your shot(s). <u>No Vaccines are given if significant illness or fever is present.</u>